

1. Go to www.monarchmd.org/ketamine and click “**Let’s Get Started.**”
2. Please answer all fields thoroughly. You may **SKIP** the following sections: Social Media, Immunizations, OB/GYN questions if applicable, and Health Maintenance.
3. Towards the end of the online questionnaire, please check the box for “I am part of a group that will be partially paying for my medical care,” and then disregard.
4. At the very end, there is a hyperlink to “**Terms of Service.**” Before checking the box indicating you have read this, please click on the hyperlink and print out the entire form.
5. Finish with the online enrollment. You will be prompted to enter a credit card and this card will be billed a nonrefundable, one-time \$200 fee for your medical evaluation.
6. Next, please take time to fill out the form you printed out. When completed, scan and email it to sarahsmith@monarchmd.org.
7. Finally, go to www.calendly.com/monarchmd and schedule a 30 minute appointment under the option of “Ketamine-Assisted Psychotherapy: Medical Evaluation.”